



**Have you been diagnosed with prostate cancer and are looking to learn more about treatment options? Have you had recent treatment for prostate cancer and want to share your experience with others? Do you want to listen, ask specific questions, or meet other patients?**

Please join us at one or all of our monthly Us TOO Prostate Cancer Support Group meetings. Our meetings are open to survivors, new patients, family members, caregivers, and any others who are interested in prostate cancer, treatment options, and post-treatment issues.

## Meeting Topics

Our meeting topics vary each month. We strive to bring interesting and relevant information to the group, and we encourage meeting suggestions for your benefit. Some topics we've discussed:

- Healthy Cooking Demonstration
- What if "it" returns?
- Healthy Heart = Healthy Prostate
- Prostate Cancer Family Ties
- Post Treatment Incontinence
- Provenge Immunotherapy
- The Physics Behind Radiation Therapy
- Physician guest speakers

## 2019 Meeting Dates

Meetings are usually held the 4th Monday of every month @ 5:30pm

- |        |         |          |
|--------|---------|----------|
| ▪ 1/28 | ▪ 5/20* | ▪ 9/23   |
| ▪ 2/25 | ▪ 6/24  | ▪ 10/28  |
| ▪ 3/25 | ▪ 7/22  | ▪ 11/18* |
| ▪ 4/22 | ▪ 8/26  | ▪ 12/16* |

*\*please note the exceptions to the normal meeting schedule.*

## Meeting Location

**Advanced Urology Associates**  
1541 Riverboat Center Dr.  
Joliet, IL 60431

## About Us TOO

Us TOO International is a non-profit organization dedicated to improving quality of care and quality of life by providing men and their families with free information, materials and peer-to-peer support so they can make informed choices on detection, treatment options and coping with ongoing survivorship. Our goal is to further promote public awareness, cancer prevention and detection, to all prostate cancer patients, their families, and medical professionals involved in the diagnosis and treatment of prostate cancer.

### Stay Current With Topics And Any Date Changes

To be added to our mailing list, please email [junderwood@advuro.com](mailto:junderwood@advuro.com)

Call **(815) 409-4957** or email [junderwood@advuro.com](mailto:junderwood@advuro.com) to RSVP  
*Walk-ins are welcome! Refreshments will be served.*

