

# Learn More About InterStim® Bladder Control Therapy

## Important Safety Information

### Sacral Neuromodulation for bladder control

InterStim Therapy for Urinary Control treats urinary retention (inability to completely empty the bladder) and the symptoms of overactive bladder, including urinary urge incontinence (leakage) and significant symptoms of urgency-frequency. It should be used after you have tried other treatments such as medications and behavioral therapy and they have not worked, or you could not tolerate them.

You should have a successful trial assessment before receiving InterStim Therapy. You cannot have diathermy (deep heat treatment form electromagnetic energy) if you have an InterStim device.

InterStim Therapy is not intended for patients with a urinary blockage. Safety and effectiveness have not been established for pregnancy and delivery; patients under the age of 16; or for patients with neurological diseases such as multiple sclerosis.

In addition to risks related to surgery, complications can include pain at the implant sites, new pain, infection, lead (thin wire) movement/migration, device problems, interactions with certain other devices or diagnostic equipment such as MRI, undesirable changes in urinary or bowel function, and uncomfortable stimulation (sometimes described as a jolting or shocking feeling).

This therapy is not for everyone. Please consult your physician to decide whether InterStim Therapy is right for you. A prescription is required.

## Achieve Lasting Bladder Control...

Ask your doctor about InterStim®  
Bladder Control Therapy



## Leave the Constant Worry Behind

It's not easy living with anxiety, embarrassing episodes, and lack of freedom that can come with bladder control problems.

Like many people with a bladder condition, such as urinary retention or overactive bladder, you may have already tried oral medications and behavioral therapy and found that they were not effective or had unpleasant side effects.

If you haven't found long-lasting relief yet, don't give up. There is an effective, long-term treatment many be right for you.

### What is InterStim® Therapy?

InterStim® Therapy is a proven neuro-modulation therapy that targets the communication problem between the brain and nerves that control the bladder. If those nerves are not communicating correctly, the bladder will not function properly.

The InterStim® system uses an external device during a trial assessment period and an internal device for long-term therapy. You and your doctor may decide to try InterStim® Therapy by going through a trial assessment, you and your doctor will determine the next step that is right for you.

### InterStim Bladder Control Therapy

is proven to work long-term in people with a bladder condition who have not had success with other treatments, such as oral medications, and behavioral therapy, and dietary and fluid changes.

InterStim Therapy can significantly improve your quality of life by reducing frequent urges to urinate, frequent leaks, and the inability to fully empty your bladder.

Please note, not everyone will experience the same results. InterStim Therapy has risks similar to any surgical procedure. You should discuss the potential risks and benefits of this therapy with your doctor.



## Ask Your Doctor if InterStim Bladder Control Therapy is Right for You

- Control that's proven to last 5 years
- Significantly improved quality of life
- Symptom relief when other treatments fail

